RUNNING FOR DISTANCE

 20 Metres

**Task: In pairs**

* Pupil 1 runs around the circuit for 3 minutes.
* Pupil 2 counts the number of cones passed.
* Pupils record the number of cones passed and then calculate the distance travelled.
* They then record how they felt at the end of the activity.

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|  | Number of cones | Distance travelled  (number of cones x 20) | How did I feel? |
| Pupil 1 |  |  |  |
| Pupil 2 |  |  |  |