Coaching Plan – to be used for sport education

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| --- | --- | --- | --- | --- | --- |
| Team Name | |  | Training session number | | |
|  | | | | | |
| Review of previous training session | | | | | |
|  | | | | | |
| Focus of current training session | | | | | |
|  | | | | | |
| Training session content | | | | | |
| Timing | Activity / Organisation | | | Equipment (to be completed with the equipment manager) | Differentiation  (Space, Task, Equipment, people) |