

3. Activity: Hopes and fears

- 1 Read these statements and jot down your own responses to them: note whether you agree or disagree with the statement.
- 2 What advice would you give to the student concerned?

Statements

I'm not sure that I'll find enough time to study. I'm so busy – how will I fit everything in?

Advice

I'm apprehensive that my studies will affect the rest of my life.

Advice

I find it hard to concentrate for long periods.

Advice

I'm really looking forward to the challenge of studying again.

Advice

My memory isn't as good as it used to be.

Advice

I haven't written an essay for ages and I'm anxious about putting pen to paper.

Advice

I'm worried that the work will be difficult and I won't be able to understand it.

Advice

I was never good at school in the first place – how will I cope with this?

Advice

I enjoy working with other people – and discussing things.

Advice

I'm worried because English isn't my first language.

Advice





I'll find it hard to get down to work.

Advice

I'm not sure how my friends and family will react to my studies.

Advice

I'm good at organising my time.

Advice

I'm worried that I'll find it hard to cope with the difficult reading. I wish I could read faster.

Advice

I bet everyone on the course will be more used to studying than I am.

Advice

I'm not sure how to cope with the distractions at home.

Advice

I'm afraid that I'll fall behind with my work.

Advice

I'm glad that I have somewhere quiet to study.

Advice

I'm not sure how much to discuss my work with other people. Isn't that cheating?

Advice

Deadlines give me the energy to do things.

Advice

I get a real sense of achievement out of finishing things.

Advice

I'm not very good at spelling.

Advice

I'm never sure when to use a comma or a full stop.

Advice

I've forgotten all the rules of grammar.

Advice

I can write letters but I don't know the sort of language you have to know to write essays.

Advice

I know what to say but I can't find the right words.

Advice

I don't have a wide enough vocabulary.

Advice

I have plenty of ideas but I don't seem able to put them together.

Advice

I'm all right once I get started, but I have a block about starting.

Advice

I just don't know how to set about writing an essay.

Advice

FIGURE 1B Hopes and fears activity



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