**Activity: Who Am I? (From Castle and Buckler, 2018: 84, adapted from Dawes et al. 2005)**

***Aim:*** To identify inherent qualities that characterise you and in turn your personal educational philosophy.

***Rationale:*** Authenticity may be described as the times when you share your natural being, rather than when you are struggling to be something you feel you ‘ought to be; or what others say you ‘should be’ (Barber & Bates, 2000 in Dawes et al., 2005).

***Instructions:***

1. Compose your thoughts, then try to complete the following phrases by writing the first ideas that come to mind.

|  |  |
| --- | --- |
| What I like about myself: |  |
| I am good at: |  |
| The personal qualities I am proud of are: |  |
| What other people like about me: |  |
| The qualities I admire in other teachers are: |  |
| I would like to be remembered within the education world as: |  |

1. Read back over the statements. Do they reveal anything you were not previously aware of?
2. Highlight the aspects that are an essential and unique to you.