Lesson plan for teaching a component of knowledge base

The title of chapter three (Facilitating Leaning) examined various ways of teaching learners and facilitating learning in both practice settings and university settings, it also addresses theories and principles of teaching clinical skills. Template 3.1 in the chapter presents a proforma for a lesson plan for teaching a clinical skill, namely, the manual measurement of blood pressure (MMBP). Very briefly, this comprises 5 steps, viz: introduce the skill > demonstrate the skill > explain key actions taken > demonstrate and give rationale for each action > practice by the learner(s). The proforma therefore provides details of the sequence of activities involved in teaching skills effectively.

The following template technically completes the picture by providing a template for a lesson plan for teaching a component of knowledge base.

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| Template for a lesson plan for teach­ing a component of knowledge base or healthcare theory  Date:  ………….. Cohort: …………… No. of students: ………………....  Title of the course/module: ………………………….  Subject of the lesson: ……………………………………….  Lesson aim: ……………………………………..  Objectives: ………………………………………………….  Duration of lesson: …………………………. (e.g. 1 hour)  Classroom: ……… |

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| Time | Lesson content | Method | Teaching aids |
| 5 mins | Ascertain students’ current knowledge | Q & A\* | Display title of the lesson |
| 2 mins | State and explain lesson’s aim & objectives | Verbal exposition | PowerPoint slides |
| 20 mins | Concept 1 | Students complete gapped handout, then check answers | Gapped handout |
| 10 mins | Concept 2 | Verbal exposition; Qs & As | PowerPoint slides |
| 15 mins | Concept 3 | Verbal exposition & small group activity | Whiteboard/flipchart |
| 3 mins | Recapitulate, and recommend further reading | Verbal exposition | Display lesson objectives on PowerPoint slide |
| 4 mins | Evaluate the lesson | Qs & As | Display lesson objectives on PowerPoint slide |
| 1 min | Announce topic of next lesson + pre-reading | Verbal exposition | Display topic on PowerPoint slide;  Written guidance on pre-reading |
| *\**Qs & As = Questions and answers | | | |