

How does your body feel when you get angry?

Collect £50

What if...

Calm Card

Getting help from a teacher is OK

Collect £50

What if...

Calm Card

Who is your hero and why?

Go to GO!

Headteacher's Office

Visitors roll again

What if...

Calm Card

Think Again

What if...

What do you say to yourself to calm down?

Collect £50

What was the last kind thing you did?

Collect £50

What if...

Calm Card

What if...

GO!

Collect £100

You went to bed early last night

Have another go

Calm Card

What if...

Your teacher sent you to the Headteacher for good work

Collect £50

Calm Card

What if...

What is the difference between standing up for yourself and being aggressive?

Collect £50