

## Worksheet 2.2 Separating the Person from the Problem

1. In the circle to the left marked 'person', make a list of all the elements of the person's identity that you have learnt in the session today.
2. Next in the circle to the right, write or draw the descriptor of the problem that the person has identified.
3. Finally discuss the importance of keeping this space between the two as part of recovery conversations.

