

Activity ➔ 90

Preparing for an exam

STUDENT HANDOUT

Discuss the following questions with your group members. Once you have done this we will hold a class discussion on the issues raised.

1. How can you prepare academically for exams?
2. How can you prepare psychologically for exams?
3. How can you prepare physically for exams?
4. How can you prepare practically for exams?

Learning outcome: By the end of this activity you will have thought about, and discussed, how to prepare for exams academically, psychologically, physically and practically, which will help you to be prepared for, and feel more confident about, taking exams as your studies progress.