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| EVALUTATION TOOL 20: | Empowerment Survey | | |
| OVERVIEW: | The empowerment survey is a tool for young people (and adults) to self-assess their level of empowerment. The survey has been developed by Lucy Maynard out of her PhD study ¹ that proposed the model of empowerment. | | |
| WHAT YOU WILL NEED: | <ul style="list-style-type: none"> • A copy of the empowerment model • Copies of the survey for each young person | PREPARATION: | You may want to explain the empowerment model to the young people, but this is not vital, you can use the survey without this explanation. |
| PROCESS: | <ol style="list-style-type: none"> 1. Explain to the young people what the term 'empowerment' might mean. Ask them to think of examples of when they might be empowered or disempowered and the feelings that relate to both states. 2. Explain the aims and outcomes of the programme and how they relate to empowerment. 3. Explain that you are going to do the survey at the start and the end of the programme and show the young people how to complete the form. 4. Run through the questions one at a time if you need to, or allow the young people to complete them on their own. 5. You could use the initial score sheets as a coaching tool, discussing how to boost some of the lower scores and how to capitalise on the higher scores. | | |
| ANALYSIS: | Compare the numerical scores for each young person, giving a total score for the distance travelled over the programme. | | |
| PHOTO: | See the sheet below. If you use this tool, please cite L. Maynard (2012) <i>Empowerment Survey</i> . Ambleside: Brathay. | | |
| STRENGTHS: | An excellent measure of empowerment | WEAKNESSES: | It only measures empowerment, which may not be an exact match for your programme outcomes. |

¹ Maynard, L. (2011) 'Suddenly I See...' Unpublished Thesis. Lancaster: Lancaster University