# Chapter 29 Attachment theory

Watch this YouTube video of parents interacting with their infant child: <https://youtu.be/lmCQUMrbmMs>

Imagine you are observing this family in order to form a view of the relationship between the child and each of their parents. Use the Ainsworth maternal sensitivity scales and complete the table below for each parent. You may find it useful to have a colleague also do this task, then compare and critically analyse what behaviours and opinions you each formed.

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| **Sensitivity Scale** | **Baby signals** | **Mother** | **Father** |
| **Scale 1:** Sensitivity vs insensitivity to the baby's signals |  |  |  |
| **Scale 2:** Cooperation vs interference with baby's ongoing behaviour |  |  |  |
| **Scale 3:** Physical and psychological availability vs ignoring and neglecting |  |  |  |
| **Scale 4:** Acceptance vs rejection of the baby's needs |  |  |  |