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| **The Rosenberg Self Esteem Inventory** |
| Below is a list of statements that describe how you generally feel about yourself.  If you strongly agree with the statement, circle **SA**.  If you agree with the statement, circle **A**.  If you disagree, circle **D**.  If you strongly disagree, circle **SD**.      **1.** On the whole, I am satisfied with myself.  SA A D SD    **2.** \*At times, I think I am no good at all.  SA A D SD    **3.** I feel that I have a number of good qualities.  SA A D SD    **4.** I am able to do things as well as most other people.  SA A D SD    **5.** \*I feel I do not have much to be proud of.  SA A D SD    **6.** \*I certainly feel useless at times.  SA A D SD    **7.** I feel that I’m a person of worth, at least on an equal plane with others.  SA A D SD    **8.** \*I wish I could have more respect for myself.  SA A D SD    **9.** \*All in all, I am inclined to feel that I am a failure.  SA A D SD    **10.** I take a positive attitude toward myself.  SA A D SD |