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| **The Rosenberg Self Esteem Inventory** |
| Below is a list of statements that describe how you generally feel about yourself. If you strongly agree with the statement, circle **SA**. If you agree with the statement, circle **A**. If you disagree, circle **D**. If you strongly disagree, circle **SD**.  **1.** On the whole, I am satisfied with myself. SA A D SD **2.** \*At times, I think I am no good at all. SA A D SD **3.** I feel that I have a number of good qualities. SA A D SD **4.** I am able to do things as well as most other people. SA A D SD **5.** \*I feel I do not have much to be proud of. SA A D SD **6.** \*I certainly feel useless at times. SA A D SD **7.** I feel that I’m a person of worth, at least on an equal plane with others. SA A D SD **8.** \*I wish I could have more respect for myself. SA A D SD **9.** \*All in all, I am inclined to feel that I am a failure. SA A D SD **10.** I take a positive attitude toward myself. SA A D SD  |