

How does your
body feel when
you get angry?

Collect £50

**What
if...**

**Calm
Card**

Getting help
from a teacher
is OK

Collect £50

**What
if...**

**Calm
Card**

What was the
last kind thing
you did?

Collect £50

**What
if...**

GO!

Collect £100

You went to
bed early
last night

Have another go

**Calm
Card**

**What
if...**

**Thin
A**

**What
if...**

**Calm
Card**

Who is your
hero and why?

Go to GO!

Headteacher's
Office

Visitors roll
again

**What
if...**

What do you
say to yourself
to calm down?

Collect £50

K

gain

**Calm
Card**

**What
if...**

What is the
difference between
standing up for
yourself and being
aggressive?

Collect £50

Your teacher
sent you to the
Headteacher
for good work

Collect £50

**Calm
Card**

**What
if...**