***COUNSELING WITH A MOTHER WHO HAS AN OUT-OF-CONTROL TEEN***

As you watch this counseling session, pay particular attention to the following questions about the interaction between Terri and David. Take notes, as needed, and discuss your reactions and ideas after you’ve finished watching the session.

* Are the questions David asks and the reflections he makes accurate and relevant? At certain points David intervenes, interrupting Terri to ask clarifying questions. Are those interruptions appropriate?

* Terri has locked her child out of the house. David does ask about the child’s safety, but should he be asking more about this? If you were in this counselor’s position, what safety – and legal – issues (in your state) might concern you?
* At one point David challenges Terri with, “Like you’re the first person with a kid with drug problems…” Given the context of what was being talked about, was this challenge appropriate?
* Terri seems to be carrying a lot of guilt and shame. David is trying to validate and affirm, attempting to lessen some of this burden. How effective is this?
* At some point material related to Terri’s own upbringing and childhood enter into the conversation. How relevant is it to include and expand on this material for future counseling work?
* What are your ideas about where this relationship is headed? What directions might it take to make it useful for Terri?