

Additional Questions for Case Examples Used in the Chapters

While we have several reflective exercises incorporated within the chapter, here are some additional questions to supplement the learning from the case examples that link the content of the chapter/chapter objectives.

CHAPTER 2: Integrative Themes That Guide Social Work Practice with Individuals, Families and Small Groups

Questions:

Choose one of the cases in this chapter and answer the following questions...

1. Outline two *principles of the social work profession* that are apparent. Explain how these principles would impact and inform your practice decisions.
2. Discuss how you would apply a *just practice approach*.
3. Outline two reasons why it is important to apply a *social justice lens*.
4. Why is applying an *empowerment perspective* important?
5. How would *thinking systematically* inform your practice decisions?
6. Discuss why it is important for social workers to use an *evidence-informed practice perspective*. Apply the framework found in Figure 2.5.

CHAPTER 3: From Evidence-Based Practice to Evidence-Informed Practice

Questions:

Choose one of the cases in this chapter and answer the following questions...

1. Discuss two reasons why it is important to apply an *evidence-based practice approach*.
2. Identify one potential *iatrogenic effect*.
3. Identify *bias* you may have and discuss how it could affect your work with the client(s).
4. Outline two reasons it is important to assess the *client's values, preferences and perspectives*.
5. Research and share two *resources* that you would use that would support your decision-making.

CHAPTER 4: Professional Values, Ethics and Professional Use of Self

Questions:

Choose one of the cases in this chapter and answer the following questions...

1. Discuss two *core social work values* that are evident.
2. Identify two *core social work concepts* that would guide your decision-making.
3. Share two compelling "*right*" *choices of action* you would choose.
4. Share two reasons why the concept of *self-determination* is important.
5. Identify an area where your *personal and professional values* may collide.

CHAPTER 5: Engagement and Relationship-Building Skills

Questions:

Choose one of the cases in this chapter and answer the following questions...

1. Discuss two strategies you would use to *engage the client(s)* and share which *core relationship-building values* you would focus on.
2. Identify two strategies you would use to *collaborate with your client(s)*.

3. Discuss two reasons why an approach based on *solution building* rather than *problem solving* is important.
4. When working with these client(s), identify two steps you would take that would positively impact follow through with identified *change efforts*.
5. Review the *Stages of Change Framework*. Which stage of change do you think applies and why? Where do you think this/these client(s) are on the *Readiness Ruler*?
6. Outline two reasons why *alliance building* is important.

CHAPTER 6: Assessment in Social Work with Individuals and Families

Questions:

Choose one of the cases in this chapter and answer the following questions...

1. When completing an initial assessment, identify two reasons why using a *social justice lens* is important.
2. Identify two *challenges*. How would you use the *client's strengths* to approach these?
3. Develop five open-ended questions that you would use when completing your initial *bio-psycho-social-spiritual assessment*.
4. Research and describe two *screening tools* that would use in your assessment and explain why you would use them.
5. Identify two *risk factors* and discuss how you address these.
6. Discuss the influence and *role that culture* plays and describe how this impacts the initial *diagnostic formulation*.

CHAPTER 7: Change Planning

Questions:

Choose one of the cases in this chapter and answer the following questions...

1. After assessing the client's level of functioning, discuss two *core principles of change planning* that should be considered when establishing the *change plan*.
2. Tentatively outline two *SMART change goals* you might consider and explain why you would strive to engage the client(s) with these strategies.
3. Outline one *intervention plan* you might consider using and include two *objectives*.

CHAPTER 8: Core Intervention Skills: Using Cognitive and Behavioral Approaches in Social Work Practice with Individuals, Families, and Groups

Questions:

Using the case at the beginning of this chapter answer the following questions...

1. Explain how you could apply a *cognitive restructuring process* with this client. Discuss two reasons that a *Thought Record* would be a useful tool.
2. Identify a behavior you would target where *reinforcement* might be effective and describe how you would implement it.
3. Outline a *CBT Treatment Agenda* you would consider using with this client.

CHAPTER 9: Intervention Skills: Using Problem-Solving, Psychoeducational, and Multisystemic Intervention Approaches and Case/Care Management Skills in Working with Individuals and Families

Questions:

Choose one of the cases in this chapter and answer the following questions...

1. Outline three major *barriers* that are apparent and explain why these may be *obstacles*.
2. Discuss why it would be important to use a *constructive approach* to problem solving with the client(s).
3. Research and identify a *psychoeducational approach* you could use and explain why you think it would be effective.
4. Create a "*fit map*" and several *action steps* you would consider.
5. Discuss how you would use a *person-in-environment approach* to establish a *case/care management plan*.

CHAPTER 10: Additional Skills for Working with Families and Groups

Questions:

Choose one of the cases in this chapter and answer the following questions...

1. Explore and discuss how "*family is defined*" and outline the relevant issues related to the *structure and roles* that you have determined are apparent in your assessment.
2. Identify three *complex needs* in the "*family*" situation as presented.
3. Create a *MECAmap*. How would using this tool assist you in your work with the "*family*"?
4. Select a member of the "*family*" and identify three advantages they might experience if they participated in a *group intervention*.

CHAPTER 11: Outcome Monitoring

Questions:

Choose one of the cases in this chapter and answer the following questions...

1. Discuss three strategies you would use to engage the client(s) in *outcome monitoring*.
2. Research and identify two *process measures/tools* you would use to evaluate whether or not *change goals* had been met.
3. Outline how you would *summarize the data* you have measured, discuss why it is important to share this with the client(s), and explain how you would do this.