**Class Assignments**

**Chapter 4: Promoting Healthy and Effective Relationships among School-Aged Children and Youth**

1. Goal: To more fully recognize and respond to the impact of bullying.
   1. Identity and discuss research that examines the impact of bullying on children who are bullied.
   2. Identify a treatment plan and specific interventions for working with a 15-year-old boy who has been bullied by his peers since second grade. Discuss evidence you would seek to assess the effectiveness of the interventions.
2. Goal: To deepen understanding of the relationship between emotion regulation and social competence.
   1. Facilitate a discussion with the class about the impact of emotion dysregulation on friendships with peers.