**Class Assignments**

**Chapter 12: Treating Common Adolescent Mental and Behavioral Health Concerns**

1. Goal: To increase student understanding of the challenges related to accurate diagnosis in adolescents.
   1. Focus student attention on the risky and problem behaviors presented in the chapter.
   2. Then, have students review diagnostic criteria for common disorders such as depression and anxiety, trauma disorders, and disorders that suggest persistent anti-social patterns.
   3. Discuss ways in which adolescent behaviors may readily fall into multiple categories of issues or diagnoses.
2. Goal: To enhance student understanding of the impact of mental and behavioral health concerns on peer relationships.
   1. Discuss the impact of mental, emotional, and behavioral concerns on relationships in the school environment. How might peers, teachers, and other important figures in the social environment support and or distance from teens with mental, emotional, and/or behavioral health concerns?