**Class Assignments**

**Chapter 21: A Positive Aging Framework for Counseling Older Adults**

1. Goal: To increase student understanding of intersectionality of identities among older adults.
   1. Assess the impact of social identities (including gender, race, ethnicity, sexual orientation, religious affiliation, ability status, and social class) on the four characteristics of a positive ager: ability to mobilize potentialities, flexibility, affirming decision-making style, and optimistic viewpoint.
2. Goal: To consider the relevance of the continuum of care to working with older adults from a positive aging framework.
   1. Identify strategies or interventions that can be used with older adults to promote positive aging at the following states of care: health promotion, prevention, treatment and maintenance.
   2. Help students identify ways in which their assumptions or biases about health among older adults might influence the ways in which they think about the continuum.