**Chapter 9:  
Intervention Skills: Using Problem-Solving, Psychoeducational, and Multisystemic Intervention Approaches and Case/Care Management Skills in Working With Individuals and Families**

Visit the following websites, then answer the questions below:

[Animated Narrative Therapy](https://www.youtube.com/watch?v=CJ0WNIQonog): White and Epston developed narrative therapy in the 1980s which involves construction, deconstruction, and "remembering" practices of telling a person's "story". This approach helps the client re-author their lives with social work facilitation.

Sarah Walther on [Narrative Therapy](https://www.youtube.com/watch?v=YBHDZkHbGZ8)

Insoo Kim Berg: [Solution focus - Solutions Step by Step](https://www.youtube.com/watch?v=tjdJhdA9mE4)

Insoo Kim Berg on [Solution-Focused Family Therapy](https://www.youtube.com/watch?v=6Fe8D0hAQh0)

• What are the similarities and differences between these two types of therapies? What is the value of introducing the miracle question to the client?

• Which NASW values are reflected in both therapies?

• Are these approaches applicable to all groups? How effective do you think the solution-focused approach is for clients in substance abuse treatment? Or, with families living in poverty?