

Resource 2.1 List of Stories for Encouraging Discussion

Some Favourite Emotion Stories

AUTHOR	TITLE	THEME
Adamson, J. & G.	Topsy & Tim and the Bully	Empathy and friendship
Alborough, J.	My Friend Bear	You can be friends no matter what your size!
Allen, J.	Wolf Academy	Not everyone is cut out to be a big bad wolf
Beck, I.	Home Before Dark	Teddy makes his own way home before bedtime when he knows he'll be needed
Browne, A.: Numerous picture books	Willy the Wimp, Willy & Hugh, Voices in the Park, Look What I've Got	Very clever illustrations support discussion around issues such as bullying, empathy, pride, friendship, courage, disappointment
Butterworth, N.	Rescue Party	Friends help when someone is in trouble
Carle, E.	The Bad Tempered Ladybird	A longer story but with lots of opportunity for participation
Cooper, H.	Pumpkin Soup	The best soup is made when everyone is happy and works together
Fearnley, J.	Mr Wolf's Pancakes	Mr Wolf's neighbours let greed outweigh common sense
Gravett, E.	Meerkat Mail	The importance of family love and belonging
Hadithi, M.	Lazy Lion	Lion's laziness makes him uncomfortable
Hughes, S.	Bonting, Alfie Gives a Hand	Sadness Shyness
Hutchins, P.	Goodnight Owl Very Worst Monster	Annoying neighbours Sibling rivalry
Inkpen, M.	Kipper's Monster Nothing	Fear of shadows in the dark Everyone is special
Ironside, V.	The Huge Bag of Worries	Sharing your worries can lift the load
Kellog, S.	Best Friends	You can be lonely and jealous, even of your friend
MacDonald, A.	Little Beaver & The Echo	In his search Beaver makes friends
McKee, D.	Not Now, Bernard	Everyone is too busy to listen
Murphy, J.	Five Minutes' Peace Peace at Last	Thinking about 'Empathy' Frustration
Noonan, D.	The Best Loved Bear	A boy is embarrassed by his scruffy bear but it turns out it is the most loved
Northway, J.	Get Lost	Laura explores feelings of frustration
Pfister, M.	Rainbow Fish stories	Beautifully illustrated books cover sharing, courage and inclusion
Richardson, J.	Bad Mood Bear	An overtired bear becomes rude and angry
Sendak, M.	Where the Wild Things Are	Even when in trouble we are still loved
Stimson, J.	Oscar Needs a Friend	Friendship is a two-way trade
Waddell, M.	Farmer Duck Owl Babies	Friends help each other Fear
Wilhelm, H.	Let's Be Friends Again I'll Always Love You	Sibling anger and forgiveness Love despite death
Wilde, O.	The Selfish Giant	A very deep story for older infants

Resource 2.2 Transition Sheet: About Me

My name is _____

The date of my birthday is _____ and I am _____ years old.

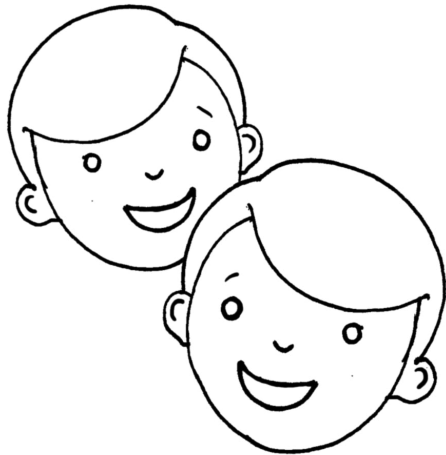
About my family	My pets
Favourite TV programmes & DVDs	Favourite toys & games
Favourite things to eat	Favourite stories
I don't like ...	Special friend(s)
I'm allergic to ...	I'm scared of ...
My special interests	Other things I'd like to add
Special interests in my family	Ways my family would like to help



Resource 2.3 Example of Emotional Literacy Class Contract

Our Class Rules

We understand that we all feel different so:



- We look after each other
- We listen to each other



- We share and take turns
- We look after our classroom
- We do our best

Resource 2.4 'How I Feel' Worksheet

My Name is _____

This is how I feel today.

Monday

1	2	3	4	5	6	7	8	9	10
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Tuesday

1	2	3	4	5	6	7	8	9	10
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Wednesday

1	2	3	4	5	6	7	8	9	10
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Thursday

1	2	3	4	5	6	7	8	9	10
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Friday

1	2	3	4	5	6	7	8	9	10
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