

References

- Alexander, R. (1995) *Folie à Deux: an Experience of One-to-One Therapy*. London: Free Association Press.
- Asay, T.P. and Lambert, M.J. (1999) 'Therapist relational variables', in D.J. Cain and J. Seeman (eds), *Humanistic Psychotherapies: Handbook of Theory and Practice*. Washington, DC: American Psychological Association. pp. 531–57.
- Axline, V. (1971) *Dibs in Search of Self*. Harmondsworth, Middlesex: Penguin.
- Balmforth, J. (2006) 'Clients' experiences of how perceived differences in social class between counsellor and client affect the therapeutic relationship', in G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds), *Politicizing the Person-Centred Approach*. Ross-on-Wye: PCCS Books. pp. 215–24.
- Barkham, M., Hardy, G.E. and Mellor-Clark, J. (eds) (2010) *Developing and Delivering Practice-Based Evidence: a Guide for the Psychological Therapies*. Chichester: Wiley-Blackwell.
- Barkham, M., Mellor-Clark, J., Connell, J. and Cahill, J. (2006) 'A core approach to practice-based evidence: a brief history of the origins and applications of the CORE-OM and CORE System', *Counselling and Psychotherapy Research*, 6: 3–15.
- Barrett-Lennard, G.T. (1962) 'Dimensions of therapist response as causal factors in therapeutic change', *Psychological Monographs*, 76: 43 (Whole No. 562).
- Barrett-Lennard, G.T. (1981) 'The empathy cycle – refinement of a nuclear concept', *Journal of Counseling Psychology*, 28: 91–100.
- Barrett-Lennard, G.T. (1986) 'The Relationship Inventory now: issues and advances in theory, method and use', in L.S. Greenberg and W.M. Pinsof (eds), *The Psychotherapeutic Process: a Research Handbook*. New York: Guilford Press. pp. 439–76.
- Barrett-Lennard, G.T. (1987) Personal Communication. Third International Forum on the Person-Centered Approach, La Jolla, California.
- Barrett-Lennard, G.T. (1993) 'The phases and focus of empathy', *British Journal of Medical Psychology*, 66: 3–14.
- Barrett-Lennard, G.T. (2005) *Relationship at the Centre: Healing in a Troubled World*. London: Whurr.
- Barrowclough, C., King, P., Colville, J., Russell, E., Burns, A. and Tarrier, N. (2001) 'A randomized trial of the effectiveness of cognitive-behavioral therapy and supportive counselling for anxiety symptoms in older adults', *Journal of Consulting and Clinical Psychology*, 69: 756–62.
- Bates, Y. (ed.) (2006) *Shouldn't I be Feeling Better by Now? Client Views of Therapy*. Basingstoke: Palgrave Macmillan.
- Beahrs, J. (1982) *Unity and Multiplicity*. New York: Brunner/Mazel.

- Bennis, W. (1986) *Carl Rogers Interviewed by Warren Bennis*. Video-tape produced by University Associates Incorporated, San Diego, CA.
- Bergin, A.E. and Strupp, H.H. (1972) *Changing Frontiers in the Science of Psychotherapy*. Chicago: Aldine-Atherton.
- Berne, E. (1961) *Transactional Analysis in Psychotherapy*. New York: Grove Press.
- Bettelheim, B. (1987) 'The man who cared for children', *Horizon*. London: BBC Television (video).
- Beutler, L.E., Malik, M., Alimohamed, S., Harwood, M.T., Talebi, H., Noble, S., et al. (2004) 'Therapist variables', in M.J. Lambert (ed.), *Bergin and Garfield's Handbook of Psychotherapy and Behavior Change*, 5th edn. Chicago: John Wiley and Sons. pp. 227–306.
- Bohart, A.C. (2004) 'How do clients make empathy work?', *Person-Centered and Experiential Psychotherapies*, 2: 102–16.
- Bohart, A.C. and Greenberg, L.S. (eds) (1997) *Empathy Reconsidered: New Directions in Psychotherapy*. Washington, DC: American Psychological Association.
- Bohart, A.C., Humphrey, A., Magallanes, M., Guxman, R., Smiljanich, K. and Aguallo, S. (1993) 'Emphasizing the future in empathy responses', *Journal of Humanistic Psychology*, 33: 12–29.
- Bohart, A.C. and Tallman, K. (1999) *How Clients Make Therapy Work: the Process of Active Self-Healing*. Washington, DC: American Psychological Association.
- Bordin, E.S. (1979) 'The generalizability of the psychoanalytic concept of working alliance', *Psychotherapy: Theory, Research and Practice*, 16: 252–60.
- Boyles, J. (2006) 'Not just naming the injustice – counselling asylum seekers and refugees', in G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds), *Politicizing the Person-Centred Approach*. Ross-on-Wye: PCCS Books. pp. 156–66.
- Bozarth, J. (1998) *Person-centered Therapy: a Revolutionary Paradigm*. Ross-on-Wye: PCCS Books.
- Bozarth, J. (2001) 'Client-centered unconditional positive regard: a historical perspective', in J. Bozarth and P. Wilkins (eds), *Rogers' Therapeutic Conditions: Unconditional Positive Regard*. Ross-on-Wye: PCCS Books. pp. 5–18.
- British Association for Counselling (BAC) (1993) *The Recognition of Counsellor Training Courses Scheme: Guidelines for Integrative and Eclectic Courses*. BAC/CRG Information Sheet. Rugby: British Association for Counselling and Psychotherapy.
- Brodley, B.T. (1999) 'The actualizing tendency concept in client-centered theory', *The Person-Centered Journal*, 6 (2): 108–20.
- Brodley, B.T. and Schneider, C. (2001) 'Unconditional positive regard as communicated through verbal behavior in client-centered therapy', in J. Bozarth and P. Wilkins (eds), *Rogers' Therapeutic Conditions: Unconditional Positive Regard*. Ross-on-Wye: PCCS Books. pp. 156–72.
- Brown, M. (1979) *The Art of Guiding: the Psychosynthesis Approach to Individual Counseling and Psychology*. Redlands, CA: Johnston College, University of Redlands.
- Burns, D.D. and Nolen-Hoeksema, S. (1991) 'Coping styles, homework compliance, and the effectiveness of cognitive behavioral therapy', *Journal of Consulting and Clinical Psychology*, 59: 305–11.

- Butler, J.B. and Haigh, G.V. (1954) 'Changes in the relation between self-concepts and ideal concepts upon client-centered counseling', in C.R. Rogers and R.F. Dymond (eds), *Psychotherapy and Personality Change*. Chicago: University of Chicago Press. pp. 55–75.
- Cain, D. (1987) Personal Communication. Third International Forum on the Person-Centered Approach, La Jolla, California.
- Carkhuff, R.R. (1971) *The Development of Human Resources*. New York: Holt, Rinehart & Winston.
- Carrick, L. and McKenzie, S. (2011) 'A heuristic examination of the application of Pre-Therapy skills and the person-centered approach in the field of autism', *Person-Centered and Experiential Psychotherapies*, 10: 73–88.
- Cartwright, D.S. (1957) 'Annotated bibliography of research and theory construction in client-centered therapy', *Journal of Counseling Psychology*, 4: 82–100.
- Chantler, K. (2006) 'Rethinking person-centred therapy', in G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds), *Politicizing the Person-Centred Approach*. Ross-on-Wye: PCCS Books. pp. 44–54.
- Clark, D.M., Fairburn, C.G. and Wessely, S. (2008) 'Psychological treatment outcomes in routine NHS services: a commentary on Stiles et al. (2007)', *Psychological Medicine*, 38: 629–34.
- Combs, A.W. (1986) 'What makes a good helper?' *Person-Centered Review*, 1: 51–61.
- Combs, A.W. and Soper, D.W. (1963) 'Perceptual organization of effective counsellors', *Journal of Counseling Psychology*, 10: 222–26.
- Cooper, M. (1999) 'If you can't be Jekyll be Hyde: an existential-phenomenological exploration of lived plurality', in J. Rowan and M. Cooper (eds), *The Plural Self*. London: Sage.
- Cooper, M. (2003) "'I-I" And "I-Me": Transposing Buber's interpersonal attitudes to the intrapersonal plane', *Journal of Constructivist Psychology*, 16 (2): 131–53.
- Cooper, M. (2005) 'Therapists' experiences of relational depth: a qualitative interview study', *Counselling and Psychotherapy Research*, 5: 87–95.
- Cooper, M. (2008) *Essential Research Findings in Counselling and Psychotherapy: the Facts are Friendly*. London: Sage.
- Cooper, M., Mearns, D., Stiles, W.B., Warner, M.S. and Elliott, R. (2004) 'Developing self-pluralistic perspectives within the person-centered and experiential approaches: a round table dialogue', *Person-Centered and Experiential Psychotherapies*, 3 (3): 176–91.
- Cooper, M., Watson, J.C. and Hölldampf, D. (eds) (2010) *Person-Centered and Experiential Therapies Work: a Review of the Research on Counselling, Psychotherapy and Related Practices*. Ross-on-Wye: PCCS Books.
- Cotraux, J., Note, I., Yao, S.N., de Mey-Guillard, C., Bonasse, F., Djamoussian, D., Mollard, E., Note, B. and Chen, Y. (2008) 'Randomized controlled comparison of Cognitive Behavior Therapy with Rogerian supportive therapy in chronic post-traumatic stress disorder: a 2-year follow-up', *Psychotherapy and Psychosomatics*, 77: 101–10.
- Coulson, W. (1987) 'Reclaiming client-centered counseling from the person-centered movement'. Copyright: Centre for Enterprising Families, P.O. Box 134, Comptche, CA 95427, USA.

- Coulson, W. (2000) Personal communication.
- Cowen, E.L. and Combs, A.W. (1950) 'Follow-up study of 32 cases treated by nondirective therapy', *Journal of Abnormal Social Psychology*, 45: 232–58.
- Craske, M.G., Maidenberg, E. and Bystritsky, A. (1995) 'Brief cognitive-behavioral versus nondirective therapy for panic disorder', *Journal of Behaviour Therapy and Experimental Psychiatry*, 26: 113–20.
- Cuijpers, P., Andersson, G., Donker, T. and van Straten, A. (2011) 'Psychological treatment of depression: results of a series of meta-analyses', *Nordic Journal of Psychiatry*, 65: 354–64.
- Daniel, T. and McLeod, J. (2006) 'Weighing up the evidence: a qualitative analysis of how person-centred counsellors evaluate the effectiveness of their practice', *Counselling and Psychotherapy Research*, 6: 244–9.
- Davies, D. and Neal, C. (eds) (1996) *Pink Therapy: a Guide for Counsellors and Therapists Working with Lesbian, Gay and Bisexual Clients*. Buckingham: Open University Press.
- Davies, D. and Neal, C. (eds) (2000) *Therapeutic Perspectives on Working with Lesbian, Gay and Bisexual Clients*. Buckingham: Open University Press.
- Dekeyser, M., Prouty, G. and Elliott, R. (2008) 'Pre-Therapy process and outcome: a review of research instruments and findings', *Person-Centered and Experiential Psychotherapies*, 7: 37–55.
- Dinnage, R. (1988) *One to One: Experiences of Psychotherapy*. London: Viking.
- Dryden, W., Horton, I. and Mearns, D. (1995) *Issues in Professional Counsellor Training*. London: Cassell.
- Duncan, B.L. and Moynihan, D.W. (1994) 'Applying outcome research: intentional utilization of the client's frame of reference', *Psychotherapy*, 31: 294–301.
- Elliott, R. (1991) 'Five dimensions of therapy process', *Psychotherapy Research*, 1: 92–103.
- Elliott, R. (1998) 'A guide to the empirically supported treatments controversy', *Psychotherapy Research*, 8: 115–25.
- Elliott, R., Bohart, A.C., Watson, J.C. and Greenberg, L.S. (2011) 'Empathy', in J. Norcross (ed.), *Psychotherapy Relationships that Work*, 2nd edn. New York: Oxford University Press. pp. 132–52.
- Elliott, R., Filipovich, H., Harrigan, L., Gaynor, J., Reimschuessel, C. and Zapadka, J.K. (1982) 'Measuring response empathy: the development of a multicomponent rating scale', *Journal of Counseling Psychology*, 29: 379–87.
- Elliott, R. and Freire, E. (2007) 'Classical person-centered and experiential perspectives on Rogers (1957)', *Psychotherapy: Theory, Research, Practice, Training*, 44: 285–8.
- Elliott, R. and Freire, E. (2010) 'The effectiveness of person-centered and experiential therapies: a review of the meta-analyses', in M. Cooper, J.C. Watson and D. Hölldampf (eds), *Person-Centered and Experiential Therapies Work: a Review of the Research on Counselling, Psychotherapy and Related Practices*. Ross-on-Wye: PCCS Books. pp. 1–15.
- Elliott, R. and Greenberg, C. (1997) 'Multiple voices in process-experiential therapy: dialogues between aspects of the self', *Journal of Psychotherapy Integration*, 7: 225–39.
- Elliott, R., Greenberg, L.S., Watson, J., Timulak, L. and Freire, E. (forthcoming) 'Research on experiential psychotherapies', in M.J. Lambert (ed.), *Bergin & Garfield's Handbook of Psychotherapy and Behavior Change*, 6th edn. New York: Wiley.

- Elliott, R. and Zucconi, A. (2010) 'Organizational and conceptual framework for practice-based research on the effectiveness of psychotherapy and psychotherapy training', in M. Barkham, G.E. Hardy and J. Mellor-Clark (eds), *Developing and Delivering Practice-Based Evidence: a Guide for the Psychological Therapies*. Chichester: Wiley-Blackwell. pp. 287–310.
- Fairbairn, W.R.D. (1952) *Psychoanalytic Studies of the Personality*. London: Routledge.
- Farber, B.A. (2007) 'On the enduring and substantial influence of Carl Rogers' not-quite necessary nor sufficient conditions', *Psychotherapy: Theory, Research, Practice, Training*, 44: 289–94.
- Farber, B.A., Brink, D.C. and Raskin, P.M. (eds) (1996) *The Psychotherapy of Carl Rogers: Cases and Commentary*. New York: Guilford Press.
- Festinger, L. (1957) *A Theory of Cognitive Dissonance*. Evanston, IL: Row, Peterson.
- Fiedler, F.E. (1950) 'A comparison of therapeutic relationships in psychoanalytic, non-directive and Adlerian therapy', *Journal of Consulting Psychology*, 14: 436–45.
- Frankel, M. and Sommerbeck, L. (2007) 'Two Rogers: congruence and the change from client-centered therapy to we-centered therapy', *Person-Centered and Experiential Psychotherapies*, 6: 286–95.
- Freire, E. (2001) 'Unconditional positive regard: the distinctive feature of client-centered therapy', in G. Wyatt (ed.), *Rogers' Therapeutic Conditions: Unconditional Positive Regard*. Ross-on-Wye: PCCS Books. pp. 145–55.
- Freire, E., Elliott, R. and Cooper, M. (2007) 'The Strathclyde Inventory: validation of a person-centred outcome measure'. Paper presented at the 13th Annual BACP Research Conference, York, UK.
- Freire, E. and Grafanaki, S. (2010) 'Measuring the relationship conditions in person-centered and experiential psychotherapies: past, present, and future', in M. Cooper, J.C. Watson and D. Hölldampf (eds), *Person-Centered and Experiential Therapies Work: a Review of the Research on Counselling, Psychotherapy and Related Practices*. Ross-on-Wye: PCCS Books. pp. 188–214.
- Gaylin, N.L. (1996) 'Reflections on the self of the therapist', in R. Hutterer, G. Pawlowsky, P.F. Schmid and R. Stipsits (eds), *Client-Centered and Experiential Psychotherapy: a Paradigm in Motion*. Frankfurt-am-Main: Peter Lang. pp. 383–94.
- Geller, S.M. and Greenberg, L.S. (2002) 'Therapeutic presence: therapists' experience of presence in the psychotherapy encounter', *Person-Centered and Experiential Psychotherapies*, 1: 71–86.
- Geller, S.M., Greenberg, L.S. and Watson, J.C. (2010) 'Therapist and client perceptions of therapeutic presence: the development of a measure', *Psychotherapy Research*, 20: 599–610.
- Gendlin, E.T. (1966) 'Research in psychotherapy with schizophrenic patients and the nature of that "illness"', *American Journal of Psychotherapy*, 20: 4–16.
- Gendlin, E.T. (1967) 'Subverbal communication and therapist expressivity: trends in client-centered therapy with schizophrenics', in C.R. Rogers and B. Stevens (eds), *Person to Person: the Problem of Being Human*. Lafayette, CA: Real People Press. pp. 119–28.
- Gendlin, E.T. (1970) 'A short summary and some long predictions', in J. Hart and T. Tomlinson (eds), *New Directions in Client-Centered Therapy*. Boston, MA: Houghton Mifflin. pp. 544–62.

- Gendlin, E.T. (1981) *Focusing*. New York: Bantam.
- Gendlin, E.T. (1984) 'The client's client: the edge of awareness', in R.F. Levant and J.M. Shlien (eds), *Client-Centered Therapy and the Person-Centered Approach*. New York: Praeger. pp. 76–107.
- Gendlin, E.T. (1996) *Focusing-Oriented Psychotherapy*. New York: Guilford Press.
- Gergen, K.J. (1972) 'Multiple identity: the healthy, happy human being wears many masks', *Psychology Today*, 5: 31–5, 64–6.
- Gergen, K.J. (1988) 'Narrative and self as relationship', in L. Berkowitz (ed.), *Advances in Experimental Social Psychology*, Vol. 21. New York: Academic Press. pp. 17–56.
- Gergen, K.J. (1991) *The Saturated Self*. New York: Basic Books.
- Gibbard, I. and Hanley, T. (2008) 'A five-year evaluation of the effectiveness of person-centred counselling in routine clinical practice in primary care', *Counselling and Psychotherapy Research*, 8: 215–22.
- Giesekus, U. and Mente, A. (1986) 'Client empathic understanding in client-centered therapy', *Person-Centered Review*, 1 (2): 163–71.
- Goldfried, M.R. (2007) 'What has psychotherapy inherited from Carl Rogers?', *Psychotherapy: Theory, Research, Practice, Training*, 44: 249–52.
- Goldman, R.N., Greenberg, L.S. and Angus, L. (2006) 'The effects of adding emotion-focused interventions to the client-centered relationship conditions in the treatment of depression', *Psychotherapy Research*, 16: 537–49.
- Goldsmith, J.Z., Mosher, J.K., Stiles, W.B. and Greenberg, L.S. (2008) 'Speaking with the client's voices: how a person-centered therapist used reflections to facilitate assimilation', *Person-centered and Experiential Psychotherapies*, 7: 155–72.
- Goodman, R.F., Morgan, A.V., Juriga, S. and Brown, E.J. (2004) 'Letting the story unfold: a case study of client-centered therapy for childhood traumatic grief', *Harvard Review of Psychiatry*, 12: 199–212.
- Grafanaki, S. and McLeod, J. (1999) 'Narrative processes in the construction of helpful and hindering events in experiential psychotherapy', *Psychotherapy Research*, 9: 289–303.
- Grafanaki, S. and McLeod, J. (2002) 'Experiential congruence: qualitative analysis of client and counsellor narrative accounts of significant events in time-limited person-centred therapy', *Counselling and Psychotherapy Research*, 2: 20–32.
- Green, H. (1967) *I Never Promised You a Rose Garden*. London: Pan.
- Greenberg, L., Lietaer, G. and Watson, J. (eds) (1998) *Handbook of Experiential Psychotherapy*. New York: Guilford Press.
- Gurman, A.S. (1977) 'The patient's perception of the therapeutic relationship', in A.S. Gurman and A.M. Ragin (eds), *Effective Psychotherapy*. New York: Pergamon. pp. 503–43.
- Heider, F. (1958) *The Psychology of Interpersonal Relations*. New York: Wiley.
- Hendricks, M.N. (2001) 'Focusing-oriented/experiential psychotherapy', in D. Cain and J. Seeman (eds), *Humanistic Psychotherapy: Handbook of Research and Practice*. Washington, DC: American Psychological Association. pp. 221–51.
- Henry, W.P. (1998) 'Science, politics, and the politics of science: the use and misuse of empirically validated treatment research', *Psychotherapy Research*, 8: 126–40.
- Hermans, H.J.M. (1996) 'Voicing the self: from information processing to dialogical interchange', *Psychological Bulletin*, 119: 31–50.

- Hermans, H.J.M. and Dimaggio, G. (eds) (2004) *Dialogical Self in Psychotherapy*. Hove: Brunner-Routledge.
- Hermans, H.J.M. and Kempen, H.J.G. (1993) *The Dialogical Self: Meaning as Movement*. San Diego, CA: Academic Press.
- Hermans, H.J.M., Kempen, H.J.G. and Loon, R. van (1992) 'The dialogical self', *American Psychologist*, 47 (1): 23–33.
- Hill, C.E. (2007) 'My personal reactions to Rogers (1957): the facilitative but neither necessary nor sufficient conditions of therapeutic personality change', *Psychotherapy: Theory, Research, Practice, Training*, 44: 260–64.
- Honos-Webb, L. and Stiles, W.B. (1998) 'Reformulation of assimilation analysis in terms of voices', *Psychotherapy*, 35 (1): 23–33.
- Hovarth, A.O. and Bedi, R.P. (2002) 'The alliance', in J.C. Norcross (ed.), *Psychotherapy Relationships that Work: Therapist Contributions and Responsiveness to Patients*. Oxford: Oxford University Press. pp. 37–69.
- Hubble, M., Duncan, B.L. and Miller, S.D. (1999) *The Heart and Soul of Change: What Works in Therapy*. Washington, DC: American Psychological Association.
- Ide, T., Hirai, T. and Murayama, S. (2006) 'The challenge for "fully functioning community": the school counselor bridging the gap between a family and a school'. Paper presented at the 7th World Conference for Person-Centered and Experiential Psychotherapy and Counseling. Potsdam, Germany, July.
- Inayat, Q. (2005) 'The Islamic concept of self', *Counselling Psychology Review*, 20: 2–10.
- Jourard, S.M. (1971) *The Transparent Self*. New York: Van Nostrand Reinhold.
- Keijsers, G.P.J., Schaap, C.P.D.R. and Hoogduin, C.A.L. (2000) 'The impact of interpersonal patient and therapist behaviour on outcome in cognitive-behaviour therapy', *Behaviour Modification*, 24 (2): 264–97.
- Keil, S. (1996) 'The self as a systemic process of interactions of "inner persons"', in R. Hutterer, G. Pawlowsky, P. Schmid and R. Stipsits (eds), *Client-Centered and Experiential Psychotherapy: a Paradigm in Motion*. Frankfurt am Main: Peter Lang. pp. 53–66.
- Kessel, W. van and Lietaer, G. (1998) 'Interpersonal processes', in L.S. Greenberg, J.C. Watson and G. Lietaer (eds), *Handbook of Experiential Psychotherapy*. New York: Guilford Press. pp. 155–77.
- Khurana, I. (2006) 'Person-centred therapy, culture and racism: personal discoveries and adaptations', in G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds), *Politicizing the Person-Centred Approach*. Ross-on-Wye: PCCS Books. pp. 195–7.
- Kiesler, D.J. (1982) 'Confronting the client–therapist relationship in psychotherapy', in J.C. Anchin and D.J. Kiesler (eds), *Handbook of Interpersonal Psychotherapy*. Elmsford, NY: Pergamon. pp. 274–95.
- Kiesler, D.J. (1996) *Contemporary Interpersonal Theory and Research: Personality, Psychopathology and Psychotherapy*. New York: Wiley.
- Kirschenbaum, H. (2007) *The Life and Work of Carl Rogers*. Ross-on-Wye: PCCS Books.
- Klein, M.H., Mathieu-Coughlan, P. and Kiesler, D.J. (1986) 'The Experiencing Scales', in L.S. Greenberg and W.M. Pinsof (eds), *The Psychotherapeutic Process: a Research Handbook*. New York: Guilford Press. pp. 21–72.
- Knox, R. (2008) 'Clients' experiences of relational depth in person-centred counselling', *Counselling and Psychotherapy Research*, 8: 182–8.

- Knox, R. and Cooper, M. (2010) 'Relationship qualities that are associated with moments of relational depth: the client's perspective', *Person-Centered and Experiential Psychotherapies*, 9: 236–56.
- Knox, R. and Cooper, M. (2011) 'A state of readiness: an exploration of the client's role in meeting at relational depth', *Journal of Humanistic Psychology*, 51: 61–81.
- Kolden, G.G., Klein, M.H., Wang, C.C. and Austin, S.B. (2011) 'Congruence/genuineness', in J. Norcross (ed.), *Psychotherapy Relationships that Work*, 2nd edn. New York: Oxford University Press. pp. 187–202.
- Kraus, D.R., Castonguay, L., Boswell, J.F., Nordberg, S.S. and Hayes, J.A. (2011) 'Therapist effectiveness: implication for accountability and patient care', *Psychotherapy Research*, 21: 267–76.
- Kreitemeyer, B. and Prouty, G. (2003) 'The art of psychological contact: the psychotherapy of a mentally retarded psychotic client', *Person-Centered and Experiential Psychotherapies*, 2 (3): 151–61.
- Krupnick, J.L., Sotsky, S.M., Simmens, S., Moyer, J., Elkin, I., Watkins, J., et al. (1996) 'The role of the therapeutic alliance in psychotherapy and pharmacotherapy outcome: findings in the National Institute of Mental Health Treatment of Depression Collaborative Research Program', *Journal of Consulting and Clinical Psychology*, 64 (3): 532–9.
- Kurtz, R.R. and Grummon, D.L. (1972) 'Different approaches to the measurement of therapist empathy and their relationship to therapy outcomes', *Journal of Consulting and Clinical Psychology*, 39 (1): 106–15.
- Lafferty, P., Beutler, L.E. and Crago, M. (1991) 'Differences between more and less effective psychotherapists: a study of select therapist variables', *Journal of Consulting and Clinical Psychology*, 59: 305–11.
- Lago, C. (2006) *Race, Culture and Counselling*, 2nd edn. Maidenhead: Open University/McGraw-Hill.
- Lago, C. and Haugh, S. (2006) 'White counsellor racial identity: the unacknowledged, unknown, unaware aspect of self in relationship', in G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds), *Politicizing the Person-Centred Approach*. Ross-on-Wye: PCCS Books. pp. 198–214.
- Lambers, E. (2000) 'Supervision in person-centred therapy: facilitating congruence', in D. Mearns and B. Thorne, *Person-Centred Therapy Today: New Frontiers in Theory and Practice*. London: Sage. pp. 196–211.
- Lambers, E. (2003) 'Psychosis', in D. Mearns, *Developing Person-Centred Counselling*. London: Sage. pp. 113–15.
- Lambers, E. (2006) 'Supervising the humanity of the therapist', *Person-Centered and Experiential Psychotherapies*, 5: 266–76.
- Lambers, E. (2012) Personal communication.
- Lambers, E. (in press a) "'I know you were sometimes worried about me, but you let me get on with it": a person-centered perspective on supervision', in M. Cooper, M. O'Hara, P.F. Schmid and A. Bohart (eds), *The Handbook of Person-Centred Therapy*, 2nd edn. Basingstoke: Palgrave.
- Lambers, E. (in press b) 'A companion on the journey: relational depth and supervision', in R. Knox, D. Murphy, S. Wiggins and M. Cooper (eds), *Relational Depth: Contemporary Perspectives*. Basingstoke: Palgrave.

- Lambert, M.J. (1992) 'Implications of outcome research for psychotherapy integration', in J.C. Norcross and M.R. Goldstein (eds), *Handbook of Psychotherapy Integration*. New York: Basic Books. pp. 94–129.
- Lambert, M.J. (2007) 'What we have learned from a decade of research aimed at improving psychotherapy outcome in routine care', *Psychotherapy Research*, 17: 1–14.
- Lazarus, A.A. (2007) 'On necessity and sufficiency in counseling and psychotherapy (revisited)', *Psychotherapy: Theory, Research, Practice, Training*, 44: 253–6.
- Lietaer, G. (1984) 'Unconditional positive regard: a controversial basic attitude in client-centered therapy', in R. Levant and J. Shlien (eds), *Client-Centered Therapy and the Person-Centered Approach*. New York: Praeger. pp. 41–58.
- Lietaer, G. (2001) 'Being genuine as a therapist: congruence and transparency', in G. Wyatt (ed.), *Rogers' Therapeutic Conditions: Congruence*. Ross-on-Wye: PCCS Books. pp. 36–54.
- Lietaer, G. (2002) 'The client-centered/experiential paradigm in psychotherapy: development and identity', in J.C. Watson, R.N. Goldman and M.S. Warner (eds), *Client-Centered and Experiential Psychotherapy in the 21st Century: Advances in Theory, Research and Practice*. Ross-on-Wye: PCCS Books. pp. 1–15.
- Lillie, N. (2002) 'Women, alcohol, self-concept and self-esteem: a qualitative study of the experience of person-centred counselling', *Counselling and Psychotherapy Research*, 2: 99–107.
- Lipkin, S. (1954) 'Clients' feelings and attitudes in relation to the outcome of client-centered therapy', *Psychological Monographs*, 68: 1–30.
- Lorr, M. (1965) 'Client perceptions of therapists', *Journal of Consulting Psychology*, 29: 146–9.
- Luborsky, L., Diguer, L., Seligman, D.A. et al. (1999) 'The researcher's own therapy allegiances: a "wild card" in comparisons of treatment efficacy', *Clinical Psychology: Science and Practice*, 6: 95–106.
- Magai, C. and Haviland-Jones, J. (2002) *The Hidden Genius of Emotion: Lifespan Transformations of Personality*. Cambridge: Cambridge University Press.
- Mahrer, A.R. (2007) 'To a large extent, the field got it wrong: new learnings from a new look at an old classic', *Psychotherapy: Theory, Research, Practice, Training*, 44: 274–8.
- McGeever, K. (2006) 'A long-standing commitment: providing a managed counselling service in Lanarkshire', *Healthcare Counselling and Psychotherapy Journal*, 6 (4): 36–9.
- McLeod, J. (2009) *An Introduction to Counselling*, 4th edn. Maidenhead: Open University Press.
- McLeod, J. (2010) *Case Study Research in Counselling and Psychotherapy*. London: Sage.
- McLeod, J. (2011) *Qualitative Research in Counselling and Psychotherapy*, 2nd edn. London: Sage.
- McLeod, J. (2013) *An Introduction to Research in Counselling and Psychotherapy*. London: Sage.
- McLeod, J., Elliott, R. and Wheeler, S. (2010) *A Training Manual in Research Skills and Awareness for Counsellors and Psychotherapists*. Lutterworth: BACP.
- McLeod, J. and McLeod, J. (1993) 'The relationship between personal philosophy and effectiveness in counsellors', *Counselling Psychology Quarterly*, 6: 121–9.

- McMillan, M. and McLeod, J. (2006) 'Letting go: the client's experience of relational depth', *Person-Centered and Experiential Psychotherapies*, 5: 277–92.
- Mearns, D. (1986) 'Some notes on congruence: can I dare to be me in response to my client?' Unpublished paper presented to the first Facilitator Development Institute (Britain) Therapy Training Course.
- Mearns, D. (1996) 'Working at relational depth with clients in person-centred therapy', *Counselling*, 7 (4): 306–11.
- Mearns, D. (1997a) *Person-Centred Counselling Training*. London: Sage.
- Mearns, D. (1997b) *The Future of Individual Counselling*. The Ben Hartop Memorial Lecture, 7 May. Published as an Occasional Paper by the University of Durham.
- Mearns, D. (1998) 'Managing a primary care service', *Counselling in Medical Settings*, 57: 1–5.
- Mearns, D. (1999) 'Person-centred therapy with configurations of self', *Counselling*, 10: 125–30.
- Mearns, D. (2002) 'Further theoretical propositions in regard to self theory within person-centered therapy', *Person-Centered and Experiential Psychotherapies*, 1 (1&2): 14–27.
- Mearns, D. (2003) *Developing Person-Centred Counselling*, 2nd edn. London: Sage.
- Mearns, D. (2006a) 'Person-centred therapy: a leading edge'. Masterclass presented at Metanoia, London and elsewhere (see www.davemearns.com).
- Mearns, D. (2006b) 'Psychotherapy: the politics of liberation or collaboration? A career critically reviewed', in G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds), *Politicizing the Person-Centred Approach*. Ross-on-Wye: PCCS Books. pp. 127–42.
- Mearns, D. and Cooper, M. (2005) *Working at Relational Depth in Counselling and Psychotherapy*. London: Sage.
- Mearns, D. and Dryden, W. (1989) *Experiences of Counselling in Action*. London: Sage.
- Mearns, D. and McLeod, J. (1984) 'A person-centred approach to research', in R. Levant and J. Shlien (eds), *Client-Centred Therapy and the Person-Centred Approach: New Directions in Theory, Research and Practice*. New York: Praeger. pp. 370–89.
- Mearns, D. and Schmid, P.F. (2006) 'Being-with and being-counter. Relational depth: the challenge of fully meeting the client', *Person-Centered and Experiential Psychotherapies*, 5: 255–65.
- Mearns, D. and Thorne, B. (1988) *Person-Centred Counselling in Action*, 1st edn. London: Sage.
- Mearns, D. and Thorne, B. (1999) *Person-Centred Counselling in Action*, 2nd edn. London: Sage.
- Mearns, D. and Thorne, B. (2000) *Person-Centred Therapy Today: New Frontiers in Theory and Practice*. London: Sage.
- Mearns, D. and Thorne, B. (2007) *Person-Centred Counselling in Action*, 3rd edn. London: Sage.
- Milgram, S. (2004) *Obedience to Authority: an Experimental View*. New York: Harper Collins.
- Moerman, M. and McLeod, J. (2006) 'Person-centered counseling for alcohol-related problems: the client's experience of self in the therapeutic relationship', *Person-Centered and Experiential Psychotherapies*, 5: 21–35.
- Morita, T., Kimura, T., Hirai, T. and Murayama, S. (2006) 'The approach to the relationship based on a "way of being" of the school counselor'. Paper presented at

- the 7th World Conference for Person-Centered and Experiential Psychotherapy and Counseling, Potsdam, Germany, July.
- Morris, M. (2007) 'A collaborative inquiry between a person-centered therapist and a client: working with an emerging dissociated "self". Part One: Adult Mary/Young Mary – one self, two parts', *Person-Centered and Experiential Psychotherapies*, 6: 81–91.
- Mosher, J.K., Goldsmith, J.Z., Stiles, W.B. and Greenberg, L.S. (2008) 'Assimilation of two critic voices in a person-centered therapy for depression', *Person-Centered and Experiential Psychotherapies*, 7: 1–19.
- Moustakas, C.E. (1959) *Psychotherapy with Children – the Living Relationship*. New York: Harper and Brothers.
- Müller, D. (1995) 'Dealing with self-criticism: the critic within us and the criticized one', *The Folio: Journal for Focusing and Experiential Psychotherapy*, 4: 1–9.
- Murphy, D. (2009) 'Client-centred therapy for severe childhood abuse: a case study', *Counselling and Psychotherapy Research*, 9: 3–10.
- Neal, C. and Davies, D. (eds) (2000) *Issues in Therapy with Lesbian, Gay, Bisexual and Transgender Clients*. Buckingham: Open University Press.
- O'Connor, R.C., Sheehy, N.P. and O'Connor, D.B. (2000) 'Fifty cases of general hospital parasuicide', *British Journal of Health Psychology*, 5: 83–95.
- O'Leary, C. (1999) *Couple and Family Counselling: a Person-Centred Perspective*. London: Sage.
- O'Leary, C. (2012) *The Practice of Person-Centred Couple Therapy*. London: Palgrave/McMillan.
- Orlinsky, D.E., Grawe, K. and Parks, B.K. (1994) 'Process and outcome in psychotherapy – noch einmal', in A.E. Bergin and S.L. Garfield (eds), *Handbook of Psychotherapy and Behavior Change*, 4th edn. New York: Wiley. pp. 270–378.
- Osatuke, K., Glick, M.J., Stiles, W.B., Greenberg, L.S., Shapiro, D.A. and Barkham, M. (2005) 'Temporal patterns of improvement in client-centred therapy and cognitive-behaviour therapy', *Counselling Psychology Quarterly*, 18: 95–108.
- Patterson, C.H. (1984) 'Empathy, warmth and genuineness in psychotherapy: a review of reviews', *Psychotherapy*, 21 (4): 431–8.
- Pörtner, M. (2000) *Trust and Understanding: the Person-Centred Approach to Everyday Care for People with Special Needs*. Ross-on-Wye: PCCS Books.
- Prouty, G. (1994) *Theoretical Evolutions in Person-Centered/Experiential Therapy: Applications to Schizophrenic and Retarded Psychosis*. New York: Praeger.
- Prouty, G. (2001) 'A new mode of empathy: empathic contact', in S. Haugh and T. Merry (eds), *Rogers' Therapeutic Conditions: Empathy*. Ross-on-Wye: PCCS Books. pp. 155–62.
- Prouty, G., Van Werde, D. and Pörtner, M. (2002) *Pre-Therapy: Reaching Contact Impaired Clients*. Ross-on-Wye: PCCS Books.
- Purton, C. (2004) *Person-Centred Therapy: the Focusing-Oriented Approach*. Basingstoke: Palgrave/Macmillan.
- Raskin, N. (1974) 'Studies on psychotherapeutic orientation: ideology in practice', *American Academy of Psychotherapists Psychotherapy Research Monographs*. Orlando, FL: American Academy of Psychotherapists.

- Rennie, D.L. (1998) *Person-Centred Counselling: an Experiential Approach*. London: Sage.
- Rodgers, B. (2006) 'Life space mapping: preliminary results from the development of a new method for investigating counselling outcomes', *Counselling and Psychotherapy Research*, 6: 227–32.
- Rogers, C.R. (1951) *Client-Centered Therapy: its Current Practice, Implications and Theory*. Boston, MA: Houghton Mifflin.
- Rogers, C.R. (1957) 'The necessary and sufficient conditions of therapeutic personality change', *Journal of Consulting Psychology*, 21: 95–103.
- Rogers, C.R. (1959) 'A theory of therapy, personality and interpersonal relationships as developed in the client-centered framework', in S. Koch (ed.), *Psychology: a Study of Science*, Vol. 3. New York: McGraw-Hill. pp. 184–256.
- Rogers, C.R. (1961) *On Becoming a Person*. Boston, MA: Houghton Mifflin.
- Rogers, C.R. (1963a) 'The concept of the fully functioning person', *Psychotherapy: Theory, Research and Practice*, 1 (1): 17–26.
- Rogers, C.R. (1963b) 'The actualizing tendency in relation to "motives" and to consciousness', in M. Jones (ed.), *Nebraska Symposium on Motivation*. Lincoln, NE: University of Nebraska Press. pp. 1–24.
- Rogers, C.R. (1965) 'Some thoughts regarding the current philosophy of the behavioral sciences', *Journal of Humanistic Psychology*, 5: 182–94.
- Rogers, C.R. (ed.) (1967) *The Therapeutic Relationship and its Impact: a Study of Psychotherapy with Schizophrenics*. Madison, WI: University of Wisconsin Press.
- Rogers, C.R. (1968) 'Some learnings from a study of psychotherapy with schizophrenics', in C.R. Rogers and B. Stevens (eds), *Person to Person: the Problem of Being Human*. Lafayette, CA: Real People Press. pp. 181–92. (Abridged from a paper in *Pennsylvania Psychiatric Quarterly*, Summer, 1962.)
- Rogers, C.R. (1974) 'In retrospect: forty-six years', *American Psychologist*, 29 (2): 115–23.
- Rogers, C.R. (1977) *The Right to be Desperate*. Video produced by the American Association for Counseling and Development, Washington, DC.
- Rogers, C.R. (1979) 'Foundations of the Person-Centered Approach,' *Education*, 100 (2): 98–107.
- Rogers, C.R. (1980a) *A Way of Being*. Boston, MA: Houghton Mifflin.
- Rogers, C.R. (1980b) 'Growing old – or older and growing', *Journal of Humanistic Psychology*, 20 (4): 15–16.
- Rogers, C.R. (1986) 'Client-centered therapy', in I.K. Kutash and A. Wolf (eds), *Psychotherapist's Casebook*. San Francisco: Jossey-Bass. pp. 97–208.
- Rogers, C.R. and Dymond, R.F. (eds) (1954) *Psychotherapy and Personality Change*. Chicago: University of Chicago Press.
- Rogers, C.R. and Stevens, B. (eds) (1968) *Person to Person: the Problem of Being Human*. Lafayette, CA: Real People Press.
- Ross, C.A. (1999) 'Subpersonalities and multiple personalities: a dissociative continuum?', in J. Rowan and M. Cooper (eds), *The Plural Self*. London: Sage. pp. 183–97.
- Rowan, J. (1990) *Subpersonalities: the People Inside Us*. London: Routledge.
- Rowan, J. and Cooper, M. (eds) (1999) *The Plural Self: Multiplicity in Everyday Life*. London: Sage.

- Sachse, R. (1990) 'Concrete interventions are crucial: the influence of the therapist's processing proposals on the client's interpersonal exploration in client-centered therapy', in G. Lietaer, J. Rombauts and R. Van Balen (eds), *Client-Centered and Experiential Psychotherapy in the Nineties*. Leuven: Leuven University Press. pp. 295–308.
- Sachse, R. (1992) 'Differential effects of processing proposals and content references on the explication process of clients with different starting conditions', *Psychotherapy Research*, 2: 235–51.
- Sachse, R. and Elliott, R. (2002) 'Process–outcome research on humanistic therapy variables', in D.J. Cain and J. Seeman (eds), *Humanistic Psychotherapies: Handbook of Research and Practice*. Washington, DC: APA Books. pp. 83–116.
- Samstag, L.W. (2007) 'The necessary and sufficient conditions of therapeutic personality change: reactions to Rogers' 1957 article', *Psychotherapy: Theory, Research, Practice, Training*, 44: 295–9.
- Sanders, P. (2000) 'Mapping person-centred approaches to counselling and psychotherapy', *Person-Centred Practice*, 8 (2): 62–74.
- Sands, A. (2000) *Falling for Therapy: Psychotherapy from a Client's Point of View*. London: Palgrave Macmillan.
- Schmid, P. (2003) 'The characteristics of a person-centered approach to therapy and counseling', *Person-Centered and Experiential Psychotherapies*, 2 (2): 104–20.
- Schmid, P.F. and Mearns, D. (2006) 'Being-with and being-counter: person-centered psychotherapy as an in-depth co-creative process of personalization', *Person-Centered and Experiential Psychotherapies*, 5: 174–90.
- Schnellbacher, J. and Leijssen, M. (2009) 'The significance of therapist genuineness from the client's perspective', *Journal of Humanistic Psychology*, 49: 207–28.
- Schwartz, R. (1987) 'Our multiple selves', *The Family Therapy Networker*, March/April: 25–31 and 80–3.
- Schwartz, R. (1997) *Internal Family Systems Therapy*. New York: Guilford Press.
- Schwartz, R. and Goulding, R. (1995) *The Mosaic Mind*. New York: Norton Press.
- Sembi, R. (2006) 'The cultural situatedness of language use in person-centred training', in G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds), *Politicizing the Person-Centred Approach*. Ross-on-Wye: PCCS Books. pp. 55–9.
- Shoaib, K. (2006) 'Unveiling the unspoken: working transparently with South Asian communities', in G. Proctor, M. Cooper, P. Sanders and B. Malcolm (eds), *Politicizing the Person-Centred Approach*. Ross-on-Wye: PCCS Books. pp. 183–94.
- Silberschatz, G. (2007) 'Comments on "the necessary and sufficient conditions of therapeutic personality change"', *Psychotherapy: Theory, Research, Practice, Training*, 44: 265–7.
- Slack, S. (1985) 'Reflections on a workshop with Carl Rogers', *Journal of Humanistic Psychology*, 28: 35–42.
- Stephen, S., Elliott, R. and Macleod, R. (2011) 'Person-centred therapy with a client experiencing social anxiety difficulties: a hermeneutic single case efficacy design', *Counselling and Psychotherapy Research*, 11: 55–66.
- Stern, D.N. (2003) *The Interpersonal World of the Infant: a View from Psychoanalysis and Developmental Theory*. London: Karnac.

- Stiles, W.B. (1999) 'Signs and voices in psychotherapy', *Psychotherapy Research*, 9: 1–21.
- Stiles, W.B. (2007) 'Theory-building case studies of counselling and psychotherapy', *Counselling and Psychotherapy Research*, 7: 122–7.
- Stiles, W.B., Barkham, M., Twigg, E., Mellor-Clark, J. and Cooper, M. (2006) 'Effectiveness of cognitive-behavioural, person-centred and psychodynamic therapies as practiced in UK National Health Service settings', *Psychological Medicine*, 36: 555–66.
- Stiles, W.B., Barkham, M., Mellor-Clark, J. and Connell, J. (2008) 'Effectiveness of cognitive-behavioural, person-centred, and psychodynamic therapies as practiced in UK primary care routine practice: replication in a larger sample', *Psychological Medicine*, 38: 677–88.
- Stiles, W.B. and Glick, M.J. (2002) 'Client-centered therapy with multi-voiced clients: empathy with whom?', in J.C. Watson, R. Goldman and M.S. Warner (eds), *Client-Centered and Experiential Psychotherapy in the Twenty-First Century*. Ross on Wye: PCCS Books. pp. 406–14.
- Stinckens, N. (2000) 'De innerlijke criticus in beeld gebracht: een typologie van verschijningsvormen', *Tijdschrift Cliëntgerichte Psychotherapie*, 38: 201–15.
- Stinckens, N., Elliott, R. and Leijssen, M. (2009) 'Bridging the gap between therapy research and practice in a person-centered/experiential therapy training program: the Leuven Systematic Case Study Protocol', *Person-Centered and Experiential Psychotherapies*, 8: 143–62.
- Stinckens, N., Lietaer, G. and Leijssen, M. (2002a) 'The valuing process and the inner critic in the classic and current client-centered/experiential literature', *Person-Centered and Experiential Psychotherapies*, 1 (1&2): 41–55.
- Stinckens, N., Lietaer, G. and Leijssen, M. (2002b) 'Working with the inner critic: fighting the "enemy" or keeping it company', in J.C. Watson, R. Goldman and M.S. Warner (eds), *Client-Centered and Experiential Therapy in the Twenty-First Century: Advances in Theory, Research, and Practice*. Ross-on-Wye: PCCS Books. pp. 415–26.
- Talmon, M. (1990) *Single Session Therapy*. San Francisco: Jossey-Bass.
- Tausch, R., Bastine, R., Bommert, H., Minsel, W.R. and Nickel, H. (1972) 'Weitere Untersuchung der Auswirkung und der Prozesse klienten-zentrierter Gesprächs-psychotherapie', *Zeitschrift für Klinische Psychologie*, 1 (3): 232–50.
- Tausch, R., Bastine, R., Friese, H. and Sander, K. (1970) 'Variablen und Ergebnisse bei Psychotherapie mit alternierenden Psychotherapeuten', *Verlag für Psychologie*, 21 (1).
- Thorne, B. (1984) 'Person-centred therapy', in W. Dryden (ed.), *Individual Therapy in Britain*. London: Harper & Row. pp. 102–28.
- Thorne, B. (1985) *The Quality of Tenderness*. Norwich: Norwich Centre Publications.
- Thorne, B. (1991) *Person-Centred Counselling: Therapeutic and Spiritual Dimensions*. London: Whurr Publishers.
- Thorne, B. (1996) 'The cost of transparency', *Person Centred Practice*, 2: 2–11.
- Thorne, B. (1999) 'The move towards brief therapy: its dangers and its challenges', *Counselling*, 10 (1): 7–11.
- Thorne, B. (2002) *The Mystical Power of Person-Centred Therapy*. London: Whurr Publishers.

- Thorne, B. (2003) 'Brief companionship', in D. Mearns, *Developing Person-Centred Therapy*. London: Sage. pp. 60–3.
- Thorne, B. (2004) *The Quality of Tenderness*, Revd edn. Norwich: Norwich Centre Occasional Publications.
- Thorne, B. (2005) *Love's Embrace*. Ross-on-Wye: PCCS Books.
- Thorne, B. (2006) 'The gift and cost of being fully present', in J. Moore and C. Purton (eds), *Spirituality and Counselling: Experiential and Theoretical Perspectives*. Ross-on-Wye: PCCS Books. pp. 35–47.
- Timulak, L. and Crenner, M. (2010) 'Qualitative meta-analysis of outcomes of person-centered and experiential psychotherapies', in M. Cooper, J.C. Watson and D. Hölldampf (eds), *Person-Centered and Experiential Therapies Work: a Review of the Research on Counseling, Psychotherapy and Related Practices*. Ross-on-Wye: PCCS Books. pp. 65–90.
- Traynor, W., Elliott, R. and Cooper, M. (2011) 'Helpful factors and outcomes in person-centered therapy with clients who experience psychotic processes: therapists' perspectives', *Person-Centered and Experiential Psychotherapies*, 10: 89–104.
- Truax, C. (1967) 'A scale for the measurement of accurate empathy', in C.R. Rogers (ed.), *The Therapeutic Relationship and its Impact: a Study of Psychotherapy with Schizophrenics*. Madison, WI: University of Wisconsin Press. pp. 72–96.
- Truax, C.B. and Carkhuff, R.R. (1967) *Toward Effective Counseling and Psychotherapy*. Chicago: Aldine.
- Truax, C.B. and Mitchell, K.M. (1971) 'Research on certain therapist interpersonal skills in relation to process and outcome', in A.E. Bergin and S.L. Garfield (eds), *Handbook of Psychotherapy and Behavior Change*. New York: John Wiley. pp. 299–344.
- Turner, R. (2007) 'A collaborative inquiry between a person-centered therapist and a client: working with an emerging dissociated "self". Part Two: The therapist's perspective', *Person-Centered and Experiential Psychotherapies*, 6: 92–106.
- Unsworth, G., Cowie, H. and Green, H. (2012) 'Therapists' and clients' perceptions of routine outcome measurement in the NHS: a qualitative study', *Counselling and Psychotherapy Research*, 12: 71–80.
- Vaillant, L.M. (1994) 'The next step in short-term dynamic psychotherapy: a clarification of objectives and techniques in an anxiety-regulating model', *Psychotherapy*, 31: 642–55.
- Van Werde, D. (2003a) 'Dealing with the possibility of psychotic content in a seemingly congruent communication', in D. Mearns, *Developing Person-Centred Counselling*, 2nd edn. London: Sage. pp. 125–8.
- Van Werde, D. (2003b) 'An introduction to client-centred pre-therapy', in D. Mearns, *Developing Person-Centred Counselling*, 2nd edn. London: Sage. pp. 120–4.
- Wachtel, P.L. (2007) 'Carl Rogers and the larger context of therapeutic thought', *Psychotherapy: Theory, Research, Practice, Training*, 44: 279–84.
- Wampold, B.E. (2001) *The Great Psychotherapy Debate: Models, Methods and Findings*. Mahwah, NJ: Erlbaum.
- Ward, E., King, M., Lloyd, M., Bower, P., Sibbald, B., Farrelly, S., Gabbay, M., Tarrier, N. and Addington-Hall, J. (2000) 'Randomized controlled trial of

- counselling, cognitive-behaviour therapy, and usual general practitioner care for patients with depression. I: Clinical effectiveness', *British Medical Journal*, 31: 1383–8.
- Warner, M.S. (2000a) 'Person-centered psychotherapy: one nation, many tribes', *Person-Centered Journal*, 7 (1): 28–39.
- Warner, M.S. (2000b) 'Person-centred therapy at the difficult edge: a developmentally based model of fragile and dissociated process', in D. Mearns and B. Thorne, *Person-Centred Therapy Today: New Frontiers in Theory and Practice*. London: Sage. pp. 144–71.
- Warner, M.S. (2002) 'Psychological contact, meaningful process and human nature', in G. Wyatt and P. Sanders (eds), *Rogers' Therapeutic Conditions: Contact and Perception*. Ross-on-Wye: PCCS Books. pp. 76–95.
- Warner, M.S. (2006) 'Toward an integrated person-centered theory of wellness and psychopathology', *Person-Centered and Experiential Psychotherapies*, 5: 4–20.
- Warner, M.S. and Mearns, D. (2003) In discussion. 6th World Conference for Person-Centered and Experiential Psychotherapy and Counseling. Egmond, Holland, July.
- Warner, M.S. and Mearns, D. (2008) 'Frontiers of difficult process'. Joint paper presented to the World Conference for Person-Centered and Experiential Counseling and Psychotherapy. Norwich, England, July.
- Watkins, C.E. and Goodyear, R. (1994) 'C.H. Patterson: reflections on client-centered therapy', *Counselor Education and Supervision*, 22: 178–86.
- Watson, J.C. (2007) 'Reassessing Rogers' necessary and sufficient conditions of change', *Psychotherapy: Theory, Research, Practice, Training*, 44: 268–73.
- Watson, J.C. and Steckley, P. (2001) 'Potentiating growth: an examination of the research on unconditional positive regard', in J. Bozarth and P. Wilkins (eds), *Rogers' Therapeutic Conditions: Unconditional Positive Regard*. Ross-on-Wye: PCCS Books. pp. 180–97.
- Watson, J.C. and Watson, N. (2010) 'Operationalizing incongruence: measures of self-discrepancy and affect regulation', in M. Cooper, J.C. Watson and D. Hölldampf (eds), *Person-Centered and Experiential Therapies Work: a Review of the Research on Counseling, Psychotherapy and Related Practices*. Ross-on-Wye: PCCS Books. pp. 164–87.
- Watson, N. (1984) 'The empirical status of Rogers' hypotheses of the necessary and sufficient conditions for effective psychotherapy', in R. Levant and J. Shlien (eds), *Client-Centred Therapy and the Person-Centred Approach: New Directions in Theory, Research and Practice*. New York: Praeger. pp. 17–40.
- Westen, D., Novotny, C.M. and Thompson-Brenner, H. (2004) 'The empirical status of empirically-supported psychotherapies: assumptions, findings, and reporting in controlled clinical trials', *Psychological Bulletin*, 130: 631–63.
- Wheeler, S., Aveline, M. and Barkham, M. (2011) 'Practice-based supervision research: a network of researchers using a common toolkit', *Counselling and Psychotherapy Research*, 11: 88–96.
- Wilkins, P. (2010) 'Researching in a person-centered way', in M. Cooper, J.C. Watson and D. Hölldampf (eds), *Person-Centered and Experiential Therapies Work: a Review of the Research on Counseling, Psychotherapy and Related Practices*. Ross-on-Wye: PCCS Books. pp. 215–39.
- Zinschitz, E. (2001) 'Understanding what seems unintelligible', in S. Haugh and T. Merry (eds), *Rogers' Therapeutic Conditions: Empathy*. Ross-on-Wye: PCCS Books. pp. 192–205.