**Table 10.2** The Golden Rule

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| The Golden Rule | |
| Islam | No one of you is a believer until you desire for your neighbour that which you desire for yourself. |
| Buddhism | Treat all creatures as you would like to be treated. |
| Confucianism | Do not do to others what you do not want them to do to you. |
| Hinduism | This is the essence of morality: do not do to others which if done to you would cause you pain. |
| Christianity | Whatever you wish that others do to you, do so to them. |
| Sikhism | Do as you desire goodness for yourself as you cannot expect tasty fruits if you sow thorny trees. |
| Bahai | If your eyes be turned towards justice, choose for your neighbour that which you would choose for yourself. |
| Judaism | What is hateful to you, do not do to your neighbour – that is the basic law, all the rest is commentary. |
| Jainism | A human being should wonder about treating all creatures as he (or she) himself, (herself) would like to be treated. |
| Zoroastrianism | Whatever is disagreeable to yourself, do not do unto others. |



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