**Table 13.3** Recognizing extremism

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| Recognizing extremism | Alternative position: What could we do to turn hate into hope? |
| The talk is around ‘them’ and ‘us’. |  |
| One or more groups in society are denigrated and blamed for problems. |  |
| Pride is linked to patriotism/nationalism/religion – supporting your country or faith at all costs. |  |
| Someone who is different in language, culture, colour or religion is seen as inferior. |  |
| People who are different – from another group – are demonized and stripped of their humanity. |  |
| Violence against minorities and/or those who support opposing views is seen as legitimate. |  |
| Language on social media is often extreme and threatening. |  |
| How things were in the past often seen as better than the present. |  |
| Leaders often stir up strong emotions that are contagious in groups. |  |
| Evidence of historical inhumanity (the holocaust, slavery, massacres of indigenous peoples) minimized or denied. |  |



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