

Theme Two: The brain; dealing with mistakes and challenges

Alternative Activity 1: Brain Article



Learning Objective:

- To explore the idea that the brain works like a muscle when we are engaged in learning.



Materials required:

- Brain article



Worksheet available?

- No.

Activity description

- This activity is taken from our KS2 packs.
- Give pupils a copy of the brain article, and give them a couple of minutes to go through it.
- Read it aloud to the class, and then discuss. You could draw similarities between the brain and muscles in the body, by getting pupils to think about how they would build up muscles in the body, and link their answers back to the brain. Emphasise that it is hard work, practice and effort that leads to its development and growth.