

# Theories of Intelligence

1. Who first came up with the theory about mindsets?

2. Fill in the table below. The first one has been done for you.

	<b>People with a <u>Fixed</u> Mindset</b>	<b>People with a <u>Growth</u> Mindset</b>
What are their beliefs about intelligence?	<i>They believe that intelligence is something that you are born with and you can't do much to change it</i>	
What are they focused on when learning?		
How do they deal with mistakes?		
How do they feel when facing challenges?		
What do they think about effort?		

3. The research suggests that people with a \_\_\_\_\_ mindset tend to do better than those with a \_\_\_\_\_ mindset. Why do you think that might be?

4. Can you change your mindset?