

# Action Plan Quiz



1. I put a lot of effort into my school work:

Always ☐ Sometimes ☐ Never ☐

2. When I do well at something I reflect on why I did well:

Always ☐ Sometimes ☐ Never ☐

3. I try to learn from my mistakes in order to help myself to do better next time:

Always ☐ Sometimes ☐ Never ☐

4. When I am struggling with my work, I ask for help:

Always ☐ Sometimes ☐ Never ☐

5. I practise things that I find hard:

Always ☐ Sometimes ☐ Never ☐

6. When I am struggling with something I try using different strategies:

Always ☐ Sometimes ☐ Never ☐

7. If I get something wrong, I will try again:

Always ☐ Sometimes ☐ Never ☐

8. I act on the feedback I get about my work:

Always ☐ Sometimes ☐ Never ☐

9. If I don't do well at something first time, I keep trying until I do:

Always ☐ Sometimes ☐ Never ☐



# Growth Mindset Action Plan

## **I need to keep up the good work with:**

(Add all the things that you said you **always** do)

## **I need to get better at:**

(Add all the things that you said you **sometimes** do)

How I plan to get better at these things:

## **I need to start:**

(Add all the things that you said you **never** do)

How I plan to start doing these things::