2015 CSWE STANDARDS

INSTRUCTOR'S GUIDE TO COMPETENCY BEHAVIORS

WITHIN THE TEXT AND RELATED CLASS EXERCISES

## Chapter 8. Sustainable Health Care Policies

History of U.S. Health Care Reform

*Competency 5a*: Identify social policy at the local, state, and federal level that impacts well-being, service delivery, and access to social services.

The Expanding Federal Role

*Competency 5c*: Apply critical thinking to analyze, formulate, and advocate for policies that advance human rights and social, economic, and environmental justice.

The Clinton Health Care Initiative

Obstacles to Change

*Competency 5a*: Identify social policy at the local, state, and federal level that impacts well-being, service delivery, and access to social services.

Health Disparities by Class and Race

*Competency 2a*: Apply and communicate understanding of the importance of diversity and difference in shaping life experiences in practice at the micro, mezzo, and macro levels.

*Competency 2c*: Apply self-awareness and self-regulation to manage the influence of personal biases and values in working with diverse clients and constituencies.

*Competency 5b*: Assess how social welfare and economic policies impact the delivery of and access to social services.

The Affordable Care Act

Models to Consider

Strengthening the Safety Net

The Controversy Over the Individual Mandate

State-Based Health Care Systems

**Box 8.1 What the Affordable Care Act Means to Me**

Disability Policy

Competing Views of Disability

Competency 6a: Apply knowledge of human behavior and the social environment, person-in-environment, and other multidisciplinary theoretical frameworks to engage with clients and constituencies.

The Americans with Disabilities Act

Global Perspectives on Health Policy

The World Health Report

**Box 8.2 Peace Corps Work in Zambia: Malaria Control**

Ebola

Displaced Persons and Refugees

*Competency 2a*: Apply and communicate understanding of the importance of diversity and difference in shaping life experiences in practice at the micro, mezzo, and macro levels.

*Competency 8a*: Critically choose and implement interventions to achieve practice goals and enhance capacities of clients and constituencies.

Displacement and Disease

Relief Following Natural Disasters

**Box 8.3 Women with Disabilities in Northern Ghana**

*Competency 2a*: Apply and communicate understanding of the importance of diversity and difference in shaping life experiences in practice at the micro, mezzo, and macro levels.

*Competency 2b*: Present themselves as learners and engage clients and constituencies as experts of their own experiences.

*Competency 3a*: Apply their understanding of social, economic, and environmental justice to advocate for human rights at the individual and system levels.

*Competency 8a*: Critically choose and implement interventions to achieve practice goals and enhance capacities of clients and constituencies.

The U.S. in Global Perspective

*Competency 5a*: Identify social policy at the local, state, and federal level that impacts well-being, service delivery, and access to social services.

*Competency 5b*: Assess how social welfare and economic policies impact the delivery of and access to social services.

*Competency 5c*: Apply critical thinking to analyze, formulate, and advocate for policies that advance human rights and social, economic, and environmental justice.

**Thinking Su**st**ainably**

Summary and Conclusion

Critical Thinking Questions

*Competency 2b*: Use reflection and self-regulation to manage personal values and maintain professionalism in practice situations;

**Individual exercises**

*Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities*

Numerous solutions have been proposed to “fix” the health care system presently in place in the United States. Choose one of the solutions presented and research this solution in depth. What are the strengths and challenges presented in this solution? Any omissions that you would address? Any changes that you would you suggest? Begin your research at the Kaiser Family Foundation website located at: [www.kff.org](http://www.kff.org).

*Competency 3: Advance Human Rights and Social, Economic, and Environmental Justice*

Advocacy. Under the NASW website, located at <http://www.socialworkers.org>, select a

healthcare issue. How does the issue relate to human needs? Where in the Universal Declaration

of Human Rights is this need addressed? What position does NASW hold on this particular

issue? What advocacy steps has NASW taken? What advocacy steps would you take as a social

worker?

**Group Exercises:**

*Competency 2: Engage Diversity and Difference in Practice*

To learn more about disabilities at the personal level, bring to the classroom devices that cause students difficulty in understanding or mobility, for example, wheelchairs, blindfolds, cotton for the ears, ropes to tie arms to chairs.

Place snacks out of reach of students and proceed to lecture. The end result should be a lively

class discussion.

*Competency 4: Engage in Practice-Informed Research and Research-Informed Practice*

Have students go to https://www.healthcare.gov/get-coverage/. On this website they can as a class research the Affordable Care Act offerings. They can type in a state and see which kinds of policies are available to them and calculate the monthly costs of the policy and learn about premiums and deductibles. Students then can choose a country with nationalized health care such as France, the UK, or Canada and compare the offerings of U.S. with single payer plans.